

Progress 2026**PROGRAM AGENDA**

Hyatt Regency Coralville

October 1-2, 2026

Thursday, October 1, 2026

7:15 am Registration and Continental Breakfast

8:00 am Welcome and Announcements

8:15 – 9:15 am**Oncology at the University of Iowa: From the Lab to the Clinic****Mark E. Burkard, MD, PhD**

Professor of Internal Medicine-Hematology, Oncology, and Blood and Marrow Transplantation

Director, UI Holden Comprehensive Cancer Center

C.E. Block Chair of Cancer Research

Associate Dean for Cancer, Carver College of Medicine

University of Iowa Carver College of Medicine

Jill M. Kolesar, Pharm.D., MS

Dean, Professor and Jean M. Schmidt Chair in Drug Discovery

Department of Pharmaceutical Sciences and Experimental Therapeutics

UI College of Pharmacy

Objectives:

1. Describe current research efforts aimed at increasing lung cancer screening and early detection uptake and discuss their implications for clinical practice and population health.
2. Summarize innovative cancer drug discovery programs, including immune competent preclinical models for uveal melanoma and organoid-based platforms, with emphasis on their relevance to therapeutic development.
3. Review preclinical research supporting the use of M1 macrophage–derived extracellular vesicles as a novel therapeutic approach for ovarian cancer.
4. Discuss emerging drug delivery strategies being developed to overcome barriers imposed by the hypoxic solid tumor microenvironment and enhance treatment effectiveness.

9:15- 10:00 am**Hypertension Guideline Update and PREVENT Risk Score****Manish Suneja, MD**

Clinical Professor of Internal Medicine-Nephrology

Vice Chair for Education, Department of Internal Medicine

Director, Internal Medicine Residency Program

Associate Dean for Medical Education Integration and Innovation

University of Iowa Carver College of Medicine

Objectives:

1. Diagnose hypertension using current ACC/AHA 2025 recommendations.
2. Recognize opportunities to improve hypertension diagnosis to optimize patient care.
3. Evaluate patients with new-onset or resistant hypertension using a guideline-based approach to identify secondary causes.
4. Apply an evidence-based approach to the interpretation of aldosterone-renin testing and subsequent management of resistant hypertension

10:00 **Break/Visit Exhibitors**

10:15-11:00 am

Cases in Cholesterol Management: Navigating the 2026 ACC Guideline**Ryan B. Jacobsen, PharmD, BCPS**

Clinical Pharmacy Specialist; Clinical Associate Professor

Dept. of Pharmaceutical Care, UI Health Care; Dept. of Pharmacy Practice and Science, UI College of Pharmacy

Reed A. Johnson, MD

Clinical Assistant Professor of Internal Medicine- General Internal Medicine

University of Iowa Carver College of Medicine

Objectives:

1. Apply the 2026 ACC Guideline recommendations for cholesterol management using case-based clinical decision-making
2. Compare and optimize lipid-lowering therapies based on patient risk and guideline-directed care

11:00-11:45 am

The Grass Isn't Always Greener: Sorting Evidence from Hype with Medical Cannabis**Kevin Schleich, PharmD, BCACP**

Clinical Pharmacy Specialist

Department of Family and Community Medicine

University of Iowa Health Care

Objectives:

1. Discuss the regulatory status of cannabis throughout the United States
2. Review current literature regarding cannabis use for multiple indications
3. Discuss the evolving data as it relates to adverse effects and addiction for patients using cannabis

11:45 **Lunch and SHM Poster Session (No CME)**

1:00 – 2:00 pm **Concurrent Session 1 – Select one**

A: Updates In Perioperative Medicine**Morton Machir, MD**

Presurgical Evaluation Clinic and Anemia Medical Director

Clinical Assistant Professor of Internal Medicine-General Internal Medicine

University of Iowa Carver College of Medicine

Zackary Hren, PharmD, RPh
Pharmacy Resident
University of Iowa Health Care

Objectives:

1. Manage perioperative diabetes
2. Assess perioperative biomarkers/MINS
3. Implement appropriate anti-coagulation management strategies
4. Discuss hip fracture repair timing

B: Histoplasma, the Fungus Among Us

Michael Olthoff, MD
Clinical Assistant Professor of Internal Medicine-Infectious Diseases
University of Iowa Carver College of Medicine

Objectives:

1. Describe the epidemiology and clinical presentations of histoplasma infections
2. Discuss the clinical approach to diagnosis and treatment of histoplasmosis

2:00 Break/Visit Exhibitors

2:15 – 3:15 pm Concurrent Session 2 – Select one

A: From Diuresis to GDMT Optimization – Heart Failure for the Internist (and their team)

Nicholas Arnold, MD
Clinical Assistant Professor of Internal Medicine-Cardiovascular Medicine
University of Iowa Carver College of Medicine

Jilene Haas, PharmD
Clinical Pharmacy Specialist, Cardiology
University of Iowa Health Care

Objectives:

1. Identify and discuss the management of acute heart failure exacerbations in the acute (new) and chronic heart failure patient, with emphasis on diuresis
2. Detail the initiation and optimization of goal directed medical therapy (GDMT) in heart failure patients

B: Rounding at Iowa Live: Alzheimer's Care and Controversy

Scott T. Larson, MD
Clinical Associate Professor of Family and Community Medicine
University of Iowa Carver College of Medicine

HyungSub Shim, MD
Clinical Associate Professor of Neurology
University of Iowa Carver College of Medicine

Morgan Olhausen, PharmD
Clinical Pharmacy Specialist – Adult Neurology (Movement, Memory, Epilepsy)
University of Iowa Health Care

Objectives:

1. Describe the current state of Alzheimer's disease diagnosis in 2026
2. Discuss the current state of amyloid targeting drugs in clinical practice
3. Discuss the role of PET imaging and blood-based biomarkers in diagnosis and management of Alzheimer's disease
4. Review updates in Parkinson's disease and Lewy Body Dementia diagnosis

3:15 Break/Visit Exhibitors

3:30 – 4:45 pm

ACP Clinical Vignettes (No MOC)

Residents

Objectives:

1. Describe the clinical presentation of uncommon medical conditions or uncommon presentation of a common condition.
2. Describe the diagnostic evaluation of the medical conditions presented
3. Discuss the recommended treatment of the medical conditions presented

4:45 pm Adjourn

ACP Activities (No CME)

5:00 pm ACP Chapter Meeting
5:30 pm: Awards / Recognitions
6:00 pm: Doctor's Dilemma Competition
6:45 pm: Story Slam

Friday, October 2, 2026

7:15 am Registration and Continental Breakfast

8:00 am Welcome and Announcements

8:15 – 9:15 am

From Hype to Healthcare as Artificial Intelligence Becomes Part of Clinical Practice

Timothy Aungst, PharmD

Professor of Pharmacy Practice

Massachusetts College of Pharmacy and Health Sciences

Worcester, MA

Objectives:

1. Identify current market trends influencing the adoption of artificial intelligence and digital health technologies across healthcare.
2. Report examples of how AI is being applied in general medical practice and across selected health specialties.
3. Discuss key opportunities, limitations, and risks associated with integrating AI tools into clinical workflows and patient care.

9:15- 10:00 am

Beyond "Fatty Liver": Unmasking the Spectrum of MASLD & MASH

Tony Huynh, PharmD, BCACP, AAHIVP

Clinical Pharmacy Specialist

Department of Pharmaceutical Care

University of Iowa Health Care

Antonio Sanchez, MD, FACP

Clinical Professor of Internal Medicine-Gastroenterology and Hepatology

University of Iowa Carver College of Medicine

Objectives:

1. Identify and risk-stratify patients with suspected MASLD/MASH using current guidelines, including appropriate screening tools, noninvasive liver fibrosis assessment, and indications for specialty referral.
2. Summarize current and emerging treatment options for MASH, including when and how these therapies may be used in clinical practice.

10:00

Break/Visit Exhibitors

10:15- 11:00 am

What We Learned This Year: Highlights from Recent Publications

Allison Bernard, PharmD, BCACP

Clinical Pharmacy Specialist
Department of Family and Community Medicine
University of Iowa Health Care

Emily Peterson, PharmD, BCACP

Clinical Pharmacy Specialist
Department of Family and Community Medicine
University of Iowa Health Care

Objectives:

1. Summarize clinically relevant medical literature published in recent years
2. Analyze the literature to identify key takeaways to apply in clinical practice

11:00-11:45 am

When Less is More: Clinical Decisions and Conversations in Deprescribing

Lorin Fisher, PharmD, BCACP

Clinical Assistant Professor
University of Iowa College of Pharmacy

Margo Schilling, MD

Clinical Professor of Internal Medicine-General Internal Medicine
Clinical Professor of Family and Community Medicine
University of Iowa Carver College of Medicine

Objectives:

1. Identify medications with limited benefit or increased harm in older adults and patients living with serious illnesses.
2. Apply structured deprescribing and communication strategies to align medications with a patient's goals.

11:45 Lunch

1:00 – 2:00 pm

Bridging the Access Gap: Challenges and Opportunities

Stevie Veach, PharmD, BCACP

Clinical Associate Professor / Pharmacist
University of Iowa College of Pharmacy / MercyOne Pharmacy Dubuque
Iowa City, IA / Dubuque, IA

Joshua Rehmann, DO, CPE

Chief Medical Officer/UnityPoint Family Medicine Residency Faculty/Family Medicine Physician
UnityPoint Clinic
Des Moines, IA

Objectives:

1. Identify key barriers to health care access, including social determinants of health, affordability, workforce shortages, and geographic disparities.
2. Describe opportunities for innovative, patient-centered strategies to improve care access, enhance care coordination, and reduce health disparities.

2:00 – 3:00

Thriving Through the Transition: Modern Menopause Management**Evelyn Ross-Shapiro, MD, MPH, MSCP**

Clinical Assistant Professor of Internal Medicine-General Internal Medicine
University of Iowa Carver College of Medicine

Sarah Shaffer, DO, MME, FACOG, MSCP

Vice Chair for Education, Department of Obstetrics and Gynecology
Clinical Associate Professor of Obstetrics and Gynecology - General Obstetrics and Gynecology
University of Iowa Carver College of Medicine

Emily B. Walsh, PharmD

Clinical Pharmacy Specialist - Department of Pharmaceutical Care
University of Iowa

Objectives:

1. Discuss unique aspects of peri-menopause, including variable symptomatology, on-going menstruation and need for contraception
2. Recognize when hormonal therapy cannot be used
3. Create a hormone therapy regimen for an uncomplicated menopausal patient
4. Design a hormone therapy regimen for a complicated menopausal patient
5. Manage hormone therapy complications including abnormal bleeding and arrange monitoring / follow-up for hormone therapy regimens

3:00 Adjourn**Accreditation**

In support of improving patient care, this activity has been planned and implemented by the University of Iowa Roy J. and Lucille A. Carver College of Medicine, ACP Iowa Chapter, and SHM Iowa Chapter. The University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician: The University of Iowa Carver College of Medicine designates this live activity for a maximum of 11.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MOC: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 10.5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit."

Family Physician: The AAFP has reviewed Progress 2026 and deemed it acceptable for up to 11.75 Live AAFP Prescribed credit(s). Term of Approval is from 10/01/2026 to 10/02/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacist: The University of Iowa Carver College of Medicine designates this knowledge-based activity for a maximum of 11.75 ACPE contact hours. Credit will be uploaded to the NABP CPE Monitor within 60 days after the activity completion. Pharmacists must complete the online evaluation and provide their NABP ID and DOB (MMDD) to receive credit. UAN: JA0000310-9999-26-049-L01-P

Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 11.75 ANCC contact hours.

Other Health Care Provider: A certificate of participation will be available after successful completion of the course. It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.

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